

| <i>Surname</i> | <i>First name</i> | <i>Title</i> | <i>Date of birth</i> | <i>Gender</i> |
|----------------|-------------------|--------------|----------------------|---------------|
| <b>Abrat</b>   | <b>Oleksandra</b> | <b>Ph.D.</b> | <b>16.05.1983</b>    | <b>Female</b> |

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*Position* Associate Professor

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*Child care period*

*Number of Children 1*      *Age of Children 14*      ☐ No    ☒ yes; from.10.01.2010. to 9.03.2013

ACADEMIC EDUCATION/ (WITH DEGREE)

| <i>Field of study</i> | <i>College / University (Country)</i>                            | <i>Degree</i>               | <i>Advisor</i> |
|-----------------------|--|-----------------------------|----------------|
| Biology (2000-2005)   | Vasyl Stefanyk<br>Precarpathian National<br>University (Ukraine) | Diploma with<br>distinction |                |

SCIENTIFIC DEGREES

| <i>Degree</i> | <i>Field of study</i> | <i>College / University (Country)</i>                           | <i>Y.r of Graduation</i> | <i>Advisor</i>     |
|---------------|-----------------------|---|--------------------------|--------------------|
| Ph.D.         | Biochemistry          | Yurij Fed'kovych Chernivtsi<br>National University<br>(Ukraine) | 2009                     | Prof. Lushchak V.I |

TEACHING EXPERIENCE

| <i>Period</i> | <i>Activity (teaching courses etc.).</i>                        | <i>Institution</i>  |
|---------------|---|---|
| 2021-2023     | "Immune mechanisms", special course – lectures & practice       | Precarpathian National University, Ivano-Frankivsk, Ukraine |
| 2018-present  | "Immunology", general course – lectures & practice              | Precarpathian National University, Ivano-Frankivsk, Ukraine |
| 2014-present  | "Molecular endocrinology", special course – lectures & practice | Precarpathian National University, Ivano-Frankivsk, Ukraine |
| 2008-present  | "Biochemistry", general course – lectures & practice            | Precarpathian National University, Ivano-Frankivsk, Ukraine |
| 2008-present  | "Microbiology", general course – lectures & practice            | Precarpathian National University, Ivano-Frankivsk, Ukraine |

PROFESSIONAL (INCLUDING TEACHING/RESEARCH) EXPERIENCE

| <i>Period</i> | <i>Position / Function</i> | <i>Institution</i>   |
|---------------|----------------------------|--|
| 2019          | Associate Professor        | Kielanowski Institute of Animal Physiology and Nutrition, Jablonna, Poland |
| 2018-present  | Associate Professor        | Precarpathian National University, Ivano-Frankivsk, Ukraine                |
| 2013-2017     | Research Assistant         | Precarpathian National University, Ivano-Frankivsk, Ukraine                |
| 2012-2013     | Head of Laboratory         | Precarpathian National University, Ivano-Frankivsk, Ukraine                |

|           |                             |   |
|-----------|-----------------------------|---|
| 2009-2011 | Senior laboratory assistant | Precarpathian National University, Ivano-Frankovsk, Ukraine |
|-----------|-----------------------------|---|

#### MISCELLANEOUS

|                |   |
|----------------|---|
| 2022-2024      | Grant program from the German academic exchange service DAAD "Ukraine digital: Ensuring academic success in times of crisis (2022, 2023, 2024)" to support the education of Ukrainian students during the war. Blended course "Integrative Life Sciences" for Ukrainian biology students. |
| 2020 -2023     | Associate researcher in the project "Personalized prevention tools in obesity and diabetes – a joint Romanian-Ukrainian Programme of health education (PrePOD)" (EMS ENI Code 2SOFT / 4.1 / 56)   |
| 2019           | Internship: "Testing the stability of enteric coating delay release ALLN-346 tablets along gastrointestinal tract in fed and fasted state, ALLN-346 PK study in the gut" (Lund University, Lund, Sweden)  |
| 2019           | POLLASA courses on proper breeding, maintenance, and usage of laboratory animals (Polish laboratory animal science association, Warsaw, Poland)   |
| 2019           | Theoretical training (total credits 2 ECTS) "Perspectives in Biomedicine with a Focus on Cancer Immunotherapy" (DAAD, Ivano-Frankivsk, Ukraine)   |
| 2019 - present | Jury member of National Tournament for Young Biologists   |
| 2018 -2020     | Researcher in in the project funded by Ministry of Education and Science of Ukraine: "Development of new non-medicinal methods for correction of metabolic syndrome: normalization of physiological and biochemical indices in animals" (#0118U003477).                                   |
| 2018 - present | Jury member of National Biological Olympiads (III-IV stage)   |
| 2015 - 2018    | Deputy Director of the Institute of Natural Sciences, PNU   |
| 2013-present   | Member of Organizing Committee and Lecturer at Autumn School for Young Biochemists held annually at Department of Biochemistry and Biotechnology, PNU   |
| 2013 - 2018    | Activity manager of Organizing Committee and Lecturer at Carpathian Summer School in Biochemistry held annually at Department of Biochemistry and Biotechnology, PNU  |
| 2013           | The Queen Jadwiga Fund scholar (Jagiellonian University, Krakow, Poland)  |
| 2007           | The Queen Jadwiga Fund scholar (Jagiellonian University, Krakow, Poland)  |

#### MOST IMPORTANT PUBLICATIONS (total documents – 67, in scopus – 12, times cited – 99, h-index– 4)

Lushchak, V. I., Covasa, M., **Abrat, O. B.**, Mykytyn, T. V., Tverdokhlib, I. Z., Storey, K. B., & Semchyshyn, H. (2023). Risks of obesity and diabetes development in the population of the Ivano-Frankivsk region in Ukraine. *EXCLI Journal*, 22, 1047-1054. DOI: <https://doi.org/10.17179/excli2023-6296>

Bayliak M., **Abrat O.**, Shmihel H., Lushchak V. and Shvadchak V. (2023). Interuniversity Online Courses as Possible Approach to Improve Teaching During Crisis: a Ukrainian Case Study. *Journal of Vasyl Stefanyk Precarpathian National University*. 10, 1 (Apr. 2023), 49-60.

Bayliak, M. M., Demianchuk, I., Gospodaryov, D. V., **Abrat, O. B.**, Lylyk, M. P., Storey, K. B., & Lushchak, V. I. (2020). Mutations in genes cnc or dKeap1 modulate stress resistance and metabolic processes in *Drosophila melanogaster*. **Comparative Biochemistry and Physiology Part A: Molecular & Integrative Physiology**, 248, 110746.

Bayliak, M. M., & **Abrat, O. B.** (2020). Role of Nrf2 in oxidative and inflammatory processes in obesity and metabolic diseases. In *Nrf2 and its modulation in inflammation* (pp. 153-187). **Springer, Cham**.

Bayliak, M. M., **Abrat, O. B.**, Storey, J. M., Storey, K. B., & Lushchak, V. I. (2019). Interplay between diet-induced obesity and oxidative stress: Comparison between *Drosophila* and mammals. **Comparative Biochemistry and Physiology Part A: Molecular & Integrative Physiology**, 228, 18-28.

- Abrat, O. B.**, Storey, J. M., Storey, K. B., & Lushchak, V. I. (2018). High amylose starch consumption induces obesity in *Drosophila melanogaster* and metformin partially prevents accumulation of storage lipids and shortens lifespan of the insects. **Comparative Biochemistry and Physiology Part A: Molecular & Integrative Physiology**, 215, 55-62.
- Semchyshyn, H. M., **Abrat, O. B.**, Miedzobrodzki, J., Inoue, Y., & Lushchak, V. I. (2011). Acetate but not propionate induces oxidative stress in bakers' yeast *Saccharomyces cerevisiae*. **Redox Report**, 16(1), 15-23.
- Lushchak, V., **Abrat, O.**, Miedzobrodzki, J., & Semchyshyn, H. (2008). Pdr12p-dependent and-independent fluorescein extrusion from baker's yeast cells. **Acta Biochimica Polonica**, 55(3), 595-601.